

# Accountability Questions for Personal Godliness

These questions are asked of one another in a weekly meeting of accountability which values honesty, confidentiality, and godliness (Proverbs 27:17; James 5:16; Galatians 6:1-5). They are only as helpful as you are willing to be honest and vulnerable. (Adapted from Charles Swindoll's Pastoral Accountability Questions, as listed in Chuck Colson's book, *The Body*.)



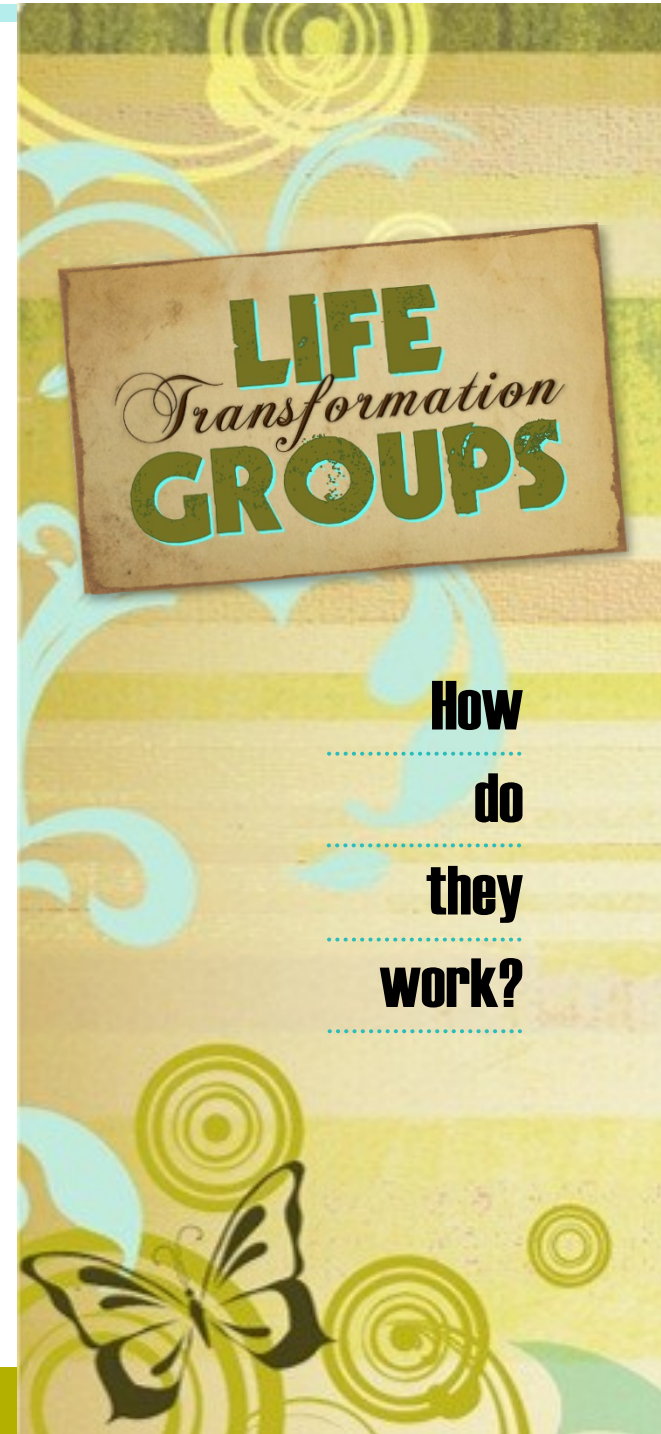
*Therefore, confess your sins to one another and pray for one another, so that you may be healed. James 5:16*

## Men's Accountability Questions

1. Have you been a verbal testimony this week to the supremacy of the Lord Jesus Christ?
2. Have you been in a compromising situation with a member of the opposite sex or been exposed to sexually explicit material this past week?
3. Have you lacked any integrity in your financial dealings?
4. Have you given priority time to your family?
5. Have you damaged another person by your words, either behind their back or face-to-face?
6. Have you succumbed to a personal addiction? Explain.
7. Have you continued to remain angry toward another?
8. Have you secretly wished for another's misfortune so that you might excel?
9. Your personalized accountability question:  
\_\_\_\_\_
10. Have you just lied to me?

## Women's Accountability Questions

1. Have you been a verbal testimony this week to the supremacy of the Lord Jesus Christ?
2. Have you fantasized a romantic relationship with someone other than your spouse, or read any sexually alluring material this past week?
3. Have you lacked any integrity in your financial dealings?
4. Have you honored your husband and/or children?
5. Have you damaged another person by your words, either behind their back or face-to-face?
6. Have you succumbed to a personal addiction? Explain.
7. Have you continued to remain angry toward another?
8. Have you secretly wished for another's misfortune so that you might excel?
9. Your personalized accountability question:  
\_\_\_\_\_
10. Have you been completely truthful with me?



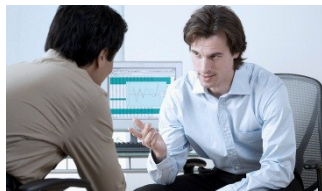
# How Life Transformation Groups Work

1. **They meet once a week for about one hour.** They can meet almost anywhere. Many meet in restaurants for breakfast before work or during lunch. One hour is certainly enough time for the process, although it can go longer, if desired.
2. **They are groups of only two or three.** A fourth person is the beginning of the next group and multiplication is imminent.
3. **They are not co-ed.** The need for honesty and transparency during the confession of sin requires that the groups not be co-ed.
4. **There is no curriculum!** By design, LTGs force the participants to discover the Word of God by themselves, with only the Holy Spirit and one another to guide them. There is little or no teaching in the group; it is a self-discovery system with built-in accountability.
5. **There is no leader as such—only a facilitator.** Usually the one who initiates the group facilitates it; however, that is not necessary. The system is so simple by design that it is not



leader-dependent. The most that a facilitator is called upon to do is choose the next book of the Bible to read. He or she may read the accountability questions to the group.

6. **Ten accountability questions are asked.** The first thing participants do when getting together is ask one another the ten accountability questions. In an atmosphere of confidentiality, honesty, and mutual accountability, these questions are used to confess any sin committed in the past week.
7. **Scripture is read repeatedly.** The group chooses a book of the Bible to read each week. If it is a short book, such as Ephesians or Jonah, participants read it approximately five times during the week. If it is a longer book, such as Proverbs or Acts, they read it



*Iron sharpens iron, so one man sharpens another. Prov. 27:17*

once during the week. If it is a moderate-sized book, such as Romans or I Corinthians, they read it twice. In all, they read about 30 chapters per week.

It is good to stretch the group with the reading. No one is a failure if the reading isn't completed

*Brothers and sisters, if someone is caught in a sin, you who live by the Spirit should restore that person gently. But watch yourselves, or you also may be tempted. Galatians 6:1*

in a week. There is an advantage to having to read the passage more than once.

When the group meets after a week, participants ask each other if they finished the reading. If any one of them was unable to complete all the assigned reading in a week, they **all** read the same Scripture again for the next week. They continue doing so until they all arrive on the same week, having finished. The group then chooses another book and starts again. The group has an internal source of accountability to one another. This keeps them reading enough Scripture to stretch them so that they keep reading it a few times. For many, this will be the first time they have read much Scripture at all, and they will be surprised at how easy it is to understand, especially when they read an entire book all the way through several times.



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